



The Week Ahead

Sunday, April 28

8:00am	Traditional Worship Service	CH
9:15am	Sunday Morning Bible Study	Adult Ed Room
10:15am	Contemporary Communion Service	CH
11:30am	Congregational Meeting	Adult Ed Room

Monday – April 29

10:00am	Prayer Ministry	Coffee Shop
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Tuesday – April 30

8:30am	Large Print Work Center	E215
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Wednesday – May 1

9:30am	Bible Study	Adult Ed Room
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Thursday – May 2

10:00am	Health Ministry	Adult Ed Room
11:30am	ASLC Seniors	Adult Ed Room
7:15pm	Chapel Choir	Music Room

Saturday – May 4

5:00pm	Contemporary Communion Service	CH
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Sunday, May 5

8:00am	Traditional Communion Service	CH
9:15am	Sunday Morning Bible Study	Adult Ed Room
10:15am	Contemporary Worship Service	CH



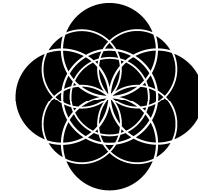
ASLC Seniors

The Seniors will meet *this coming Thursday, May 2* in the Adult Education Room starting with coffee and conversation at 11:30 a.m. followed with a catered lunch at noon. The lunch costs \$9 per person. Please call Vi Flum at 859-3512 for reservations. All ASLC members and friends are welcome. This will be our last meeting before our annual summer break. We will resume on September 5, 2019. After lunch, Paul Engelder will present a slide show of his Western Caribbean cruise which includes Hemingway's home in historic Key West.



New Member Instruction

Are you interested in becoming a member here at Abiding Savior? Do you want to join our church family? Come *TODAY, Sunday, April 28th at 9:15 a.m.* in the staff room for the first class.



QUARTERLY
Meeting

Quarterly Congregational Meeting TODAY

All members, please attend our next quarterly voters' meeting at 11:30 a.m. in the Adult Ed Room.



National Day of Prayer is This Thursday, May 2, 2019

The Sanctuary will be open from 7:00 a.m. to 4:00 p.m. to allow you to come for personal prayer. A Prayer Request may be left in the prayer box that will be in the Narthex. Jim Ryan will be on hand to pray with you, and also provide a list of requested prayers. Join Abiding Savior and the nation as we come together under the theme, "Love One Another."



Call for Small Groups Please RSVP

Following the lead of our Church Doctor Ministries Consultant, we are being called as a congregation to grow forward in our prayer life.

This is a number one priority.

Nurturing Your Faith: Prayer

Lou Marting will be leading this 4 session Small Group Bible Study in the Small Conference Room with these 2 options:

Sundays at 6:00 p.m.

April 28, May 5, 19 & 26 or

Wednesdays at 6:00 p.m., May 1, 8, 15 & 22

Please RSVP to Lou Marting at
lmarting2002@yahoo.com.



Spring Luncheon

"Oh, The Places You'll Go" is the theme of the Spring Luncheon sponsored by the Women's Fellowship. The event will be in the Fellowship Hall (Gym) on **Saturday, May 18 from 11:00 a.m. to 2:00 p.m.** A silent auction of "treasurers" will benefit *Kathy's House*, a shelter for persons with addictions. Tickets are \$20 and may be purchased from Keigh Lee Horn in the School Office, the Church Office, *Gathering Grounds* (Coffee Shop) on Sundays, or from Jeanne Grovom (email jgrovom@cox.net or phone 949-413-2936).



Ladies Guild

Ladies Guild's May meeting will be Wednesday, May 8 at noon in the Adult Ed Room. We will be hosting the church staff to a salad bar lunch. We look forward to showing our appreciation to the staff for all they do. Our hostess will be Audrey Henry.



Update

If you received a call or email that your photos have arrived at the church, you can pick them up during church office hours. (Monday through Friday, 8:00 a.m. to 5:00 p.m.) They will also be available in the Narthex between Sunday services. If you were unable to attend a session last month and would like to be in the directory, we have already started a list for the next round of photos. Contact Sheila if you would like to add your name. aslcsheilagrossman@yahoo.com

Health Ministry

Palliative Care

Health Ministry's, "First Thursday" will host Jenny Rodriguez, RN, from *Compassus* this coming Thursday, May 2 at 10:00 a.m. Jenny is a Palliative Care Coordinator, and will tell us about hospice care, and the relatively new field of palliative care. Come early for the Seniors Luncheon and enjoy this informative presentation.

Healthy Gums

do have an effect on hypertension. A study found that those with healthy gums had lower blood pressure, and responded better to medications for hypertension than those with gum disease. More study is needed to pinpoint the connection, but keep your gums healthy in the meantime!